## **SCOTTSDALE AQUATIC CLUB**

FALL 2024 PRACTICE SCHEDULE (AUGUST 12 - NOVEMBER 2, 2024)

11-12 DIVISION		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	AM	OFF	OFF		OFF	OFF	SWIM 9:30-11:30am
1-12 GOLD	PM	SWIM 4:00-5:30pm DRY 5:40-6:10pm	SWIM 4:00-6:00pm	DRY 5:30-6:30pm	SWIM 4:00-6:00pm	DRY 4:45-5:30pm SWIM 5:30-7:00pm	
		Chap	Cactus	Cactus	Cactus	Cactus	Cactus
1-12 SILVER		DRY 5:40-6:10pm SWIM 6:15-7:30pm	SWIM 6:00-7:30pm	OFF	SWIM 6:00-7:30pm	DRY 4:45-5:30 SWIM 5:30-7:00pm	SWIM 9:30-11:30am
		Chap	Cactus		Cactus	Cactus	Cactus
1-12 BRONZE		6:00-7:30pm	SWIM 6:00-7:30pm	OFF	SWIM 6:00-7:30pm	SWIM 6:00-7:30pm	SWIM 11:30 - 1:00pm
		Cactus	Cactus		Cactus	Cactus	Cactus
1-12 BLUE		SWIM 6:00-7:00pm	SWIM 6:00-7:00pm	OFF	SWIM 6:00-7:00pm	OFF	SWIM 12:00 - 1:00pm
		MMR	Cactus		Cactus		Cactus
<b>0&amp;U DIVISION</b>		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
0&U GOLD		SWIM 5:45 - 7:30pm	SWIM 5:45-7:30pm	DRYLAND 5:45-6:45pm	OFF	SWIM 5:45 - 7:30pm	SWIM 9:00-10:30am
		Cactus	MMR	Cactus		MMR	Cactus
0&U SILVER		SWIM 5:45 - 7:30pm	SWIM 5:45 - 7:30pm	DRYLAND 5:45-6:45pm	OFF	SWIM 5:45 - 7:30pm	SWIM 9:00-10:30am
		Cactus	MMR	Cactus		MMR	Cactus
0&U BRONZE A		SWIM 4:45-5:45pm	OFF	SWIM 4:45-5:45pm	OFF	OFF	SWIM 10:30 - 12:00pr
		Cactus		Cactus			Cactus
0&U BRONZE B		OFF	SWIM 4:45-5:45pm	OFF	OFF	SWIM 4:45-5:45pm	SWIM 10:30 - 12:00pr
			MMR			MMR	Cactus
		<u> </u>			T	T	T
0&U BLUE A		SWIM 4:00-4:45pm	OFF	SWIM 4:00-4:45pm	OFF	SWIM 4:00-4:45pm	OFF
		Cactus		Cactus		MMR	
0&U BLUE B		SWIM 4:00-4:45pm	OFF	SWIM 4:00-4:45pm	OFF	SWIM 4:00-4:45pm	OFF
		Cactus		Cactus		MMR	

CACTUS --- Cactus Park Aquatic Center (7202 E Cactus Rd)

MMR --- McDowell Mountain Ranch Aquatic Center (15525 N Thompson Peak Pkwy)

ELDORADO --- Eldorado Aquatic Center (2301 N Miller Rd)

CHAPARRAL --- Chaparral Aquatic Center (5401 N Hayden Rd)