

SCOTTSDALE AQUATIC CLUB

FALL 2024 PRACTICE SCHEDULE (AUGUST 12 - NOVEMBER 2, 2024)

SENIOR DIVISION		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
NATIONAL	AM	SWIM 5:05-6:20am	OFF	GYM 5:05-6:20am	SWIM 5:05-6:20am	OFF	SWIM 6:00-8:00am GYM 8:00-9:00am
		Cactus		Cactus	Cactus		
	PM	Group 1 --- SWIM 3:15-4:50pm; DRY 5:00-6:00pm Group 2 --- DRY 3:15-4:15pm; SWIM 4:25-6:00pm	SWIM 3:15-5:30pm	SWIM 3:30-5:30pm	OFF	SWIM 3:15-5:30pm	
		Cactus		Chaparral		Cactus	Cactus
SECTIONAL	AM	OFF	GYM 5:05-6:20am	OFF	SWIM 5:05-6:20am	OFF	GYM 7:00-8:00am SWIM 8:00-9:30am
			Cactus		Cactus	Cactus	
	PM	SWIM 3:30-5:30pm	SWIM 3:30-5:30pm	SWIM 3:30-5:30pm	OFF	SWIM 3:30-5:30pm	
		Chaparral	Cactus	Cactus		Cactus	Cactus
SENIOR	AM	OFF	SWIM 5:05-6:20am	OFF	OFF	OFF	SWIM 7:30-9:00am DRY 9:00-10:00am
			Cactus				
	PM	SWIM 5:00-7:00pm	OFF	SWIM 5:00-7:00pm	SWIM 3:30-5:30pm	SWIM 3:30-5:30pm	
		Chaparral		Chaparral	Cactus	Cactus	Cactus
HIGH SCHOOL DEV.		OFF	SWIM 6:00-7:30pm	DRY 5:15-5:45pm SWIM 5:45-7:00pm	SWIM 5:30-7:00pm	OFF	SWIM 9:00 - 10:30am
			Chap	Cactus	Cactus		Cactus
13-14 DIVISION		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
13-14 GOLD	AM	OFF	OFF	SWIM 5:05-6:20am	GYM 5:05-6:20am	OFF	SWIM 7:30-9:00am GYM 9:00-10:00am
				Cactus	Cactus		
	PM	SWIM 3:30-5:00pm DRY 5:00-6:00pm	SWIM 3:30-5:30pm	OFF	SWIM 3:30-5:30pm	SWIM 5:30-7:30pm	
		Cactus	Chaparral		Chaparral	Cactus	Cactus
13-14 SILVER	AM	OFF	SWIM 5:05-6:20am	OFF	OFF	OFF	DRY 7:15-8:00am SWIM 8:00-9:30am
			Cactus				
	PM	DRY 4:30-5:30pm SWIM 5:30-6:30pm	OFF	SWIM 3:30-5:30pm	SWIM 3:30-5:30pm	SWIM 3:30-5:30pm	
		Chaparral		Cactus	Cactus	Chaparral	Cactus
13-14 BRONZE	AM	OFF	OFF	OFF	OFF	SWIM 5:05-6:20am	SWIM 9:00 - 10:30am
						Cactus	
	PM	OFF	SWIM 5:30-7:00pm	SWIM 3:30-5:00pm	SWIM 5:30-7:00pm	OFF	
		Chaparral	Cactus		Chaparral		Cactus
13-14 BLUE		OFF	6:00-7:30pm	DRY 5:15-5:45pm SWIM 5:45-7:00pm	5:30-7:00pm	OFF	SWIM 9:00 - 10:30am
			Chaparral	Cactus	Cactus		Cactus

CACTUS --- Cactus Park Aquatic Center (7202 E Cactus Rd)

MMR --- McDowell Mountain Ranch Aquatic Center (15525 N Thompson Peak Pkwy)

ELDORADO --- Eldorado Aquatic Center (2301 N Miller Rd)

CHAPARRAL --- Chaparral Aquatic Center (5401 N Hayden Rd)